

# **Recreation Guide Pull-Out**

June-August 2016





# WooHoo!! Summer is Here!

Welcome to the SUMMER issue of your Parks & Recreation Activity Guide. There are so many great offerings that the descriptions on many activities had to be shortened. For more details on any class, please be sure to visit our webpage at www.CulpeperRecreation.com.

We are please to announce that we have....SWIMMING LESSONS!!!!

See Page 22-23 for details.

We are once again partnering with the Culpeper Rec Club to offer swimming lessons to the public.

We are also pleased to announce that the Department is partnering with The State Theatre to offer several Performing and Visual Arts camps. Be sure to check back in the Fall for some other amazing offerings.

Be to check sure out www.PlayCulpeper.com this is YOUR portal to let the County & PROS Consulting team know what recreational amenities YOU want here in Culpeper. Don't waste this opportunity to make YOUR voice heard about what YOU and YOUR family want and need.

The PlayCulpeper.com webpage will also provide you with updates on where PROS Consulting is in the process of creating a Master Plan for the County parks & recreational opportunities. Be sure to check it out often!

July is National Parks & Recreation Month. Be sure to celebrate by getting out and PLAYING at one of the many parks in our community!

> Happy Summer! Parks & Recreation Staff

# ARTS & CRAFTS

### **ART JAM: ZENTANGLE**

Ages 6-adult, 4wks

Do you like to doodle – not draw pictures but just doodle? Then this is perfect for you! Zentangle is a wonderful tool to reduce stress, improve coordination, and connect with creativity. No drawing experience is required, if you can use a Pen - you can Zen...tangle! All supplies will be provided. Instructor: Kelly Rozwadowski, C.Z.T.

K Art & Design, 121 W. Locust St, Suite 105 6:00p-7:30p Th \$65 6/2-6/23 Register By: 5/27 #2613.0043 Register By: 7/1 7/7-7/28 #3613.0026

8/11-9/1 Register By: 8/5 #3613.0027 9/8-9/29 Register By: 9/2 #3613.0028

# ART JAM: SKETCHBOOK ACADEMY

Ages 6-14, 6wks

Build a one of a kind sketchbook to fill with summer memories. We'll have a new imaginative project every week and optional takehome assignments so you can keep the creativity flowing. Projects will include realistic drawing, cartooning, stamping, pop-ups, and more!

Instructor: K Art and Design, Inc. 121 W. Locust St, Suite 105 6/15-7/20 \$65 Ages 6-10yrs 10:00a-11:00a #3610.0036 Ages 11-14yrs 11:30a-12:30p #3610.0037

Looking for some place to hold that family reunion, birthday party or just a friendly get-together?

Check out Spilman Park & Lenn Park!

Details on both parks are available at: www.CulpeperRecreation.com Left side click Parks & Facilities

# HEALTH & FITNESS

#### AQUA ZUMBA®

Ages 13-Adult, 1day

Agua Zumba® is perfect for those looking to make a splash by adding a low-impact, highenergy aquatic exercise to their fitness rou-Zumba® blends tine. Aqua Zumba® philosophy with water resistance, for one pool party you shouldn't miss! There is less impact on your joints during an Aqua Zumba® class so you can really let loose. Water creates natural resistance, which means every step is more challenging and helps tone your muscles. Pre-registration is required, no drop-in's can be accepted.

Instructor: Kelly Rozwadowski

Culpeper Rec Club, 13163 Recreation Rd

Sa 9:30a-10:30a \$10

7/9 Register By: 7/5 #3512.0052 8/13 Register By: 8/9 #3512.0053

# **Z**UMBA

Ages 13-Adult, 4wks

Zumba combines international rhythms and interval training for a high-energy, big-fun workout! The best part – no mirrors are used! This is a great class for Women or Men who want to have a fun workout. Taught by a licensed Zumba instructor, this multi-level class will include high and low impact options. Please wear sneakers and bring a bottle of water and a towel.

Instructor: Kelly Rozwadowski

Community Room, 303 N. Main St.

M 6:15p-7:15p \$35 6/6-6/27 Register By: 5/31 #2512.0059 7/11-8/1 Register By: 7/5 #3512.0054 8/8-8/29 Register By: 8/2 #3512.0055 W 6:15p-7:15p \$35 6/1-6/22 Register By: 5/26 #2512.0061 6/29-7/20 Register By: 6/23 #3512.0056 7/27-8/17 Register By: 7/21 #3512.0057 8/24-9/14 Register By: 8/18 #3512.0058

**Registration is EASY!!!** 

# CULPEPER COUNTY PARKS & RECREATION

# Summer Schedule

#### HOT HULA FITNESS®

Ages 13-Adult, 4wks

Get fit and celebrate summer with a fun Polynesian-inspired workout for all fitness levels. HOT HULA fitness® isolates your larger muscle groups, increasing strength and definition to your core with specific emphasis on the abs, glutes, quads, and arms. Inspired by the dances of the Pacific Islands, HOT **HULA fitness®** incorporates easy to perform dance movements set to the sounds of traditional Polynesian drum beats fused with funky Reggae music, resulting in a modern, hip fitness workout. (please note this is hula as in Hawaii, not hula hoops)

Instructor: Kelly Rozwadowski Community Room, 303 N. Main St.

6:15p-7:15p #2512.0064 Register By: 6/1 6/7-6/28 Register By: 7/6 7/12-8/2 #3512.0059 8/9-8/30 Register By: 8/3 #3512.0060 9/6-9/27 Register By: 8/3 #3512.0061

# LEISURE LEARNING

# HOW TO ATTRACT BUTTERFLIES

Ages All, 1day
Come and explore the types of plants and habitat needed to sup-port butterflies and other pollina-

tors, including the Monarch butterfly. Also discover plants native to our County and to Virginia. Anyone under 16 must be accompanied by a registered adult.

The event is free, but registration is required by phone 540-727-3412.

Instructors: Kristin Meredith & Andrew Ballard, Master Gardeners Lenn Park, Pollinator Garden Register by: 6/7

6/11 10:00a-12:00n FREE Sa Tu 6/14 6:00p-8:00p **FREE** 

#### MOZZARELLA & RICOTTA CHEESE

Ages 12-adult, 1day

In this class you will discover how to make Mozzarella & Ricotta in 30 minutes or less. Participants will use dairy and store-bought cow's milk in this class. Multiple samples will be made during class for you to try. Instructor: Hobby Hill Farm Fresh, LLC

4H Extension Office, 101 S. West St

Sa 10:30a-12:30p 6/18 Register By: 6/10 #2613.0037 8/6 Register By: 7/29 #3613.0026

# YOGURT & CREAM CHEESE MAKING

Ages 14-adult, 1day

Let Hobby Hill Farm Fresh, LLC show you how to culture your favorite dairy products using fresh or store-bought milk. Learn to make yogurt, cream cheese, sour cream, and buttermilk. Bring a few small containers to take home your samples.

Instructor: Hobby Hill Farm Fresh, LLC 4H Extension Office, 101 S. West St

Sa 1:30p-3:30p \$50 6/18 Register By: 6/10 #2613.0038 8/6 Register By: 7/29 #3613.0027

# FETA CHEESE MAKING

Ages 16-adult, 1day

Feta Cheese is a combination of Sheep's Milk and Goat's Milk. Want to learn more about Feta, how to make Feta and how to age Feta? We will be using cultures and a combination of Cow's Milk and Goats Milk for this class.

Instructor: Hobby Hill Farm Fresh, LLC 4H Extension Office, 101 S. West St

Sa 10:30a-12:30p \$45 Register By: 6/3 #2613.0039 6/11 9/10 Register By: 9/2 #3613.0028

# **DISCOUNT!!!**

SAVE \$10 when one person registers for both Hobby Hill Farm Fresh Classes on the Same Date (in the same transaction).

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# www.CulpeperRecreation.com

155 West Davis Street, Suite 100 Culpeper, Virginia 22701

P: (540) 727-3412 F: (540) 727-2802



**Contact Us!** 

540-727-3412

www.CulpeperRecreation.com

#### JAM & SYRUP

Ages 16-adult, 1day

Let's make and preserve summer's bounty. Using a water-bath canning method, you will discover the simple way to make your own Jam and Syrup (see below for fruit type). Please bring 2-8oz glass canning jars and NEW unused lids for this class, along with a small box to carry your HOT jars home. Also be sure to wear closed toe shoes and bring an apron.

*Instructor:* Hobby Hill Farm Fresh, LLC

RASPBERRY JAM & SYRUP

 Register By: 7/1
 #3613.0032

 Th
 7/7
 2:00p-4:30p
 \$45

 BLUEBERRY JAM & SYRUP

Register By: 7/1 #3613.0033 Tu 8/9 2:00p-4:30p \$45

# CULTURING YOGURT dult, 1day

\$45

#2613.0040

#3613.0029

niques? Discover the proper way to mix

dough(s), roll, twist, and bake for the classic

soft pretzel. Bring some herbs if you like to

Instructor: Hobby Hill Farm Fresh, LLC

change up your flavor profile.

1:30p-3:30p

Register By: 6/3

Register By: 9/2

Ages 14-adult, 1day

Do you already make your own yogurt? Are you ready to take yogurt to the next level?!? Additional cultures will be sampled such as yogurt cheese and yogurt-based drinks. If you have a Yogotherm please bring to the class so that you may take home additional cultures.

 Instructor: Hobby Hill Farm Fresh, LLC

 Register By: 7/1 #3613.0030

 Sa 7/9 10:30a-12:30p \$40

# PANEER & COTTAGE CHEESE

Ages 14-adult, 1day

It's summer time - time for grilling and time for salads. You will get to make cottage cheese and Paneer in class. Paneer is another soft cheese that is actually one that can be fried and put on salads. (Paneer is great with Curry.) Please bring 2 small storage containers to take home your cheeses. *Instructor:* Hobby Hill Farm Fresh, LLC

Instructor: Hobby Hill Farm Fresh, LLC Register By: 7/1 #3613.0031 Sa 7/9 1:30a-3:30p \$45

# DISCOUNT!!!

SAVE \$10 when one person registers for both Hobby Hill Farm Fresh Classes on the Same Date (in the same transaction).

# ENDLESS PASTA

Ages 14-adult, 1day

Did you know making pasta at home is not only fast but super easy? Did you receive a pasta machine as a gift and are unsure how to use it? Come discover how easy it is to make 3 fresh pasta dishes at home with ease. Be sure to bring a few small containers to take home the pasta that you make.

 Instructor: Hobby Hill Farm Fresh, LLC

 Register By: 7/1
 #3613.0034

 Su
 7/10
 12:00n-2:00p
 \$40

# ARTISAN BREAD BAKING BASICS

Ages 14-adult, 1day

Bread is a basic staple on most American dinner tables. Come discover this easy technique for artisan bread baking. You will use a Dutch Oven, Pizza Stone, and Baking Pans to create tasty loaf after tasty loaf in just minutes a day. Additionally, each person will receive a 6 qt. bread making vessel, and two bread making kits (flour, salt, yeast and some sourdough culture) to take home.

*Instructor*: Hobby Hill Farm Fresh, LLC *Register By*: 7/1 #3613.0035 Su 7/10 3:00p-5:00p \$40

# PAWS & HOOFS

Summer Schedule

# JUST FOR FUN! DOG OBEDIENCE...

Is just what it sounds like...Fun! Whether your dog is 12-weeks old or 12 years old it's never too early (or too late) to help them become the best companion that they can be. Instructor and Certified AKC and TDI evaluator Betty Ann Howell, emphasizes positive reinforcement through the use of praise, treats, and toys, and the importance of having fun with your dog. (If registering by mail, please note on form, name, breed, and age of dog.)

Handlers can be ages 7-adults; ages 7-15 must have an adult remain on site.

### S.T.A.R. PUPPY KINDERGARTEN

Ages: Puppies 3-12 months; 6 wks Now that you've got that adorable bundle of fur, let's get started on the ABC's of puppy training, using positive reinforcement. In class, you and your puppy will work on sitting, staying, coming, walking on a leash, and most importantly, having fun! Sign up early as space is limited.

Instructor: Betty Ann Howell Lenn Park Pavilion, 18063 Stevensburg Rd Register By: 6/29 #3614.0035 Tu 7/5-8/9 5:30p-6:30p \$85

# **DOG OBEDIENCE DISCOUNTS**

- Seniors 55 & up 10% discount
- Adopted Dogs 20% discount
- must provide copy of adoption contract (discount NOT available online - will not be applied after registering)
- \* Only one discount per family.

# Please bring to class:

- A plain buckle / clip collar or harness
- 4ft or 6ft regular leash
- Small soft treats
- Bring dog's current vaccination record to first meeting.

**Registration is EASY!!!** 

see page 25 - 26

Sa

6/11

9/10

# Culpeper County

# **BEGINNING MANNERS I**

Ages: Dogs 5 months & up, 6 wks Bring Fido or Fluffy out to this class where he/she will learn basic cues and enjoy socializing with other dogs. Cues that are focused on are: sit, come, down, stay, walking on a leash without pulling, and general good manners. Any dog, whether they're a 5-month old puppy or a 15-yr. old senior, can attend. Instructor: Betty Ann Howell

Lenn Park Pavilion, 18063 Stevensburg Rd Register by: 6/29 #3614.0036 7/7-8/11 Th 5:30-6:30p \$85

# CANINE GOOD CITIZEN / PET THERAPY

Ages: Dogs 6 months & up; 6 wks

Prerequisite: Should have a reliable sit, down, stay, & come;

STAR Puppy or Beginning Manners I is recommended.

This class will help you and your dog master the skills needed to pass the AKC's Canine Good Citizen test. Class will also introduce the skills needed by dog and handler to pass the Therapy Dogs International, Inc. (TDI) Pet Therapy test. This is not a beginners class.

*Instructor:* Betty Ann Howell Lenn Park Pavilion, 18063 Stevensburg Rd Register by: 7/5 #3614.0037 7/9-8/13 9:00a-10:00a Sa \$85

# PONY RIDING I

Ages 4-6, 4 wks

Students will learn basic position and commands. Emphasis is on building confidence and skills on horseback at the walk. Students will learn to walk, halt, and steer. Adult must lead horse & child around riding ring while child receives instruction.

Instructor: Ironwood Farm Staff 10291 Homeland Rd, Rixeyville 7/9-7/30 \$100 Register By: 7/5 9:30-10:00a #3614.0038 10:15-10:45a #3614.0039

Ironwood Farm Classes: All participants are required to wear hard sole shoes with a heel. Helmets are required and provided.

#### PONY RIDING II

Ages 4-6, 4wks

Prerequisite: Pony Riding I Emphasis is on refining skills on horseback at the walk and trot. Only 4 students. Instructor: Ironwood Farm Staff 10291 Homeland Road, Rixeyville Register By: 7/5 #3614.0040 7/9-7/30 11:00a-11:30a

# PRESCHOOL

### **ART JAM: MAKING MARKS**

Ages 1-5, 4wks

Mr. Tony & Miss Kelly invite you to an art playdate! Children will get started "making marks" with jumbo crayons, and adults will learn ways to encourage children and make art fun for the whole family. Come play with us! Siblings get a \$2.00 discount – max of 2 kids per 1 adult. \*No Class Fri. 5/27

Instructors: Kelly & Tony Rozwadowski K Art & Design Studio 121 W. Locust St, Suite 105

F 10:30a-11:30a \$25 8/12-9/2 Register By: 8/8 #3615.0008 9/9-9/30 Register By: 9/2 #4615.0027

# SPECIAL EVENTS

# **CULPEPER CYCLING CENTURY**

Come on out for the 9th Annual Culpeper Cycling Century (CCC) on Saturday, Octo-

Only 500 participants will be accepted this year so register early! Register by July 1st and SAVE \$20 off the Day of Event price!

10/1 8:30am 35miles - \$30 (until 7/1) 65 & 100 miles - \$40 (until 7/1)

# **SENIORS**

#### SILVER CLUB

Ages 55+, weekly

There's never a dull moment with the Silver Club. The Club meets from 10:00a.m.-2:00p.m. on Wednesdays. We offer a dynamic guest speaker program that includes all sectors of life. Each meeting has a covered-dish lunch provided by our members, so bring a dish to share.

**Location:** CCL – Meeting Room

Dues-\$10 per year Culpeper County Residents;

\$15 per year Non-Culpeper County Residents

Ages: 55 & up

Volunteer Coordinator: Marshall Conner

# **SPORTS**

### **SUMMER YOUTH OUTDOOR** BASKETBALL CLINIC

Ages 6-14yrs

Come join volunteer coaches Gary Deal and Ritchie Safren and others, for this fun and exciting NEW summer outdoor youth basketball program. This clinic will provide students with 3 weeks of basic skills instruction followed by 3 weeks of games. No meeting 7/4, 7/5, or 7/6.

Outdoor Basketball Courts - S.P.E.S.

Register By: 6/7

All nights are 5:30p-7:30p \$25 per student Ages 6-8yrs M 6/13-7/25 #3619.003 Ages 9-11yrs Tu 6/14-7/26 #3619.004 6/15-7/27 #3619.005 Ages 12-14yrs W



540-727-3412 **Contact Us!** 

www.CulpeperRecreation.com

#### YOUTH OUTDOOR BASKETBALL

Ages 15-18, 6wks

Sign up and you will have the opportunity to play 5 weeks of round-robin games. Teams will be formed on the first night from the registered participants, with players of similar skills. **No games on 7/7** 

Outdoor Basketball Courts - S.P.E.S. *Register By:* 6/7 #3619.0008 Th 6/16-7/28 5:30p-7:30p \$25

#### CO-ED FIELD HOCKEY WORKSHOP

Ages 8-16yrs, 1day

Culpeper County Parks and Recreation

Discover the basics of field hockey in one day! We will be covering the basics from how to hold a stick to how to play a game. All levels of experience are welcomed from ages 8-16. Players are required to bring a stick, shin-guards, mouth-guard, and water. Siblings - \$10.00 discount

Instructor: Amber VanHorn-Walker Culpeper Sports Complex – Practice Field D Sa 9:00a-12:00p \$50 6/18 Register By: 6/14 #2619.0006

# DISCOVER DISC GOLF

Ages 10-adult Mountain Run Disc Golf Club is hosting Disc Golf Summer Saturday Learning League (S2L2). This is a weekly disc golf training session will allow you to discover and practice the basics of Disc Golf. Come out one time to get just the basics, or keep coming back to sharpen your skills. You can start at any time during the offered dates. At your first session you will receive a disc golf bag, three discs, one mini marker disc, and a towel for you to keep, along with the lesson all for only \$65.00! Then each additional practice session will only be a minimal \$5 fee. Come try this fast spreading, low-impact sport, that is fun for all ages! Children and Seniors alike! No meeting 7/2.

Instructor: Mountain Run Disc Golf Club Spilman Park, 3543 Colvin Rd, Amissville Sa 6/11-8/20 9:00a-11:00a #3619.0009

# SUMMER CAMPS

#### KALEIDOSCOPE ART CAMP

Ages 6-12, 5days

Fan the creative spark of your budding artist with this week of nothing but ART! Your little Picasso will discover a different form of art each day with experienced educators and working artists. At the end of the program, your young artist's creations will be on display in an art show for family and friends. Spaces are very limited, so register early. The Kaleidoscope Art Camp is supported by a grant from the Rusty Bowers Suicide Prevention Coalition, Scott M. Fisher Foundation, and Rappahannock Rapidan Community Services Prevention.

Lenn Park Pavilion, 18063 Stevensburg Road *Register By:* 5/26

M-F 6/6-6/10 \$35 Ages 6-8 10:00a-11:30a #3820.0027 Ages 9-12 12:30p-2:00p #3820.0028

# MARTIAL 'ARTS' SUMMER CAMP

Ages 6-13, 5days

Each day will be spent exploring the exercise of Yoga and developing skills in Kung Fu. Campers

will also get to exercise their creative side with a creative thinking / art project each day. We gladly accept exceptional children with physical & cognitive challenges *Instructor*: Golden Harmony Fitness

(Gordon Wicks / Susan Huff)

120 W. Culpeper St.

Register By: 6/10 #3820.0052 M-F 6/20-6/24 9:00a-12:00n \$100

# **DISCOUNT**KINGS DOMINION TICKETS Page 24

Soccer Camps with Challenger Sports
Held at Lenn Park, 18063 Stevensburg Road
All campers receive a FREE camp soccer
ball, t-shirt, personalized evaluation, and giant poster.

### FIRST KICKS SOCCER CAMP

Ages 3-4, 1wk

Preschoolers will discover skills through innovative games and activities which begin without a ball, then introduce soccer ball use. Once repeated, success is achieved. Parents must remain on site for duration of the camp and are encouraged to join in the fun.

Register By: 7/8 #3820.0029 M-F 7/25-7/29 9:00a-10:00a \$108

### MINI SOCCER CAMP

Ages 4-6, 1wk

Let your little one discover an introduction to soccer through fun games, competitions, and skill-developing activities. Parents must remain on site for duration of the camp.

Register By: 7/8 #3820.0030 M-F 7/25-7/29 10:15a-11:45a \$125

# HALF-DAY KIDS SOCCER CAMP

Ages 6-9, 1wk

Campers will explore skill development, tactical awareness and above all else, fun. Camp includes drills, coached scrimmages, and a daily world cup competition.

Register By: 7/8 #3820.0047 M-F 7/25-7/29 9:00a-12:00n \$177

# HALF-DAY TWEENS SOCCER CAMP

Ages 10-14yrs, 1wk

Coaches generate a fun atmosphere while promoting a professional outlook for players who are serious about the game. Players are challenged through game-related techniques, advanced tactical knowledge, and coached scrimmages.

Register By: 7/8 #3820.0048 M-F 7/25-7/29 5:00p-8:00p \$177



CulpeperRecreation

**Registration is EASY!!!** 







# Preforming and Visual Arts—Summer Camps at The State Theatre

The State Theatre Education Program's (STEP) mission is to provide an nurturing, inspiring, creative, and engaging (NICE) environment for learners of all ages to grow through Theatre and Arts Education.

ONE-WEEK CAMPS—Sign up for the Morning AND Afternoon session on the same week and SAVE \$50. Bring a bag lunch, staff will be on-site to supervise the lunch break!

#### **IMAGINATION EXPRESS**

Grade 2-5 (as of Aug. 2016), 5days Does your child love drama? Then bring your budding actor/actress to discover and sharpen their acting skills. Each week is a different theme – details online.

9:30a-12:45p \$150 6/20-6/24 Register By: 6/10 #3820.0053 Register By: 6/17 #3820.0054 6/27-7/1 7/11-7/15 Register By: 7/1 #3820.0055 Register By: 7/8 #3820.0056 7/18-7/22 7/25-7/29 Register By: 7/15 #3820.0057

# THEATRE-MAKER: STAGE STARTERS

Grades 2-5 (as of Aug. 2016), 5days Your child will discover and develop skills in a variety of theatre fields, including improv, production, musical theater and more!

M-F 1:15p-4:30p \$150 6/20-6/24 Register By: 6/10 #3820.0058 Register By: 6/17 #3820.0059 6/27-7/1 7/11-7/15 Register By: 7/1 #3820.0060 7/18-7/22 Register By: 7/8 #3820.0061 7/25-7/29 Register By: 7/15 #3820.0062

# MASK MADNESS

Grades 2-5 (as of Aug. 2016), 5days Design and create simple to complex masks based upon character studies from scenes, stories, and mask styles from around the world. You will also explore the age-old tradition of designing Chinese opera masks Register By: 6/17 #3820.0063 6/27-7/1 9:30a-12:45p \$150

**OUTSIDE THE LINES** 

Grades 2-5 (as of Aug. 2016), 5days You are going to express yourself through the exploration of various 2-D media including acrylic, watercolor, collage, pastels, and charcoal. Students should bring a sketchbook; all other supplies are included. Register By: 6/17 #3820.0064 M-F 6/27-7/1 1:15p-4:30p \$150

TWO-WEEK CAMPS—Sign up for the Morning AND Afternoon session on the same week and **SAVE \$105**. Bring a bag lunch, staff will be on-site to supervise the lunch break.

# **FAN FRENZY**

Grades 6-8 (as of Aug. 2016), 10days Make marvelous movie, television, and book art in this fun camp. Tell stories, re-create favorite characters, and explore animation and illustrations. You will explore famous "fan art" and art that has been used as an influence in film and television. Students should bring a sketchbook; all other supplies are included.

M-F 9:30a-12:45p \$250 6/13-6/24 Register By: 6/3 #3820.0065 7/11-7/22 Register By: 7/1 #3820.0066

# All camps on this page are held at & Instructed by:

The State Theatre at 305 N. Main St.

More detailed descriptions are online at www.CulpeperRecreation.com

#### **OUTSIDE THE BOX**

Grades 6-8 (as of Aug. 2016), 10days You are going to express yourself through the exploration of various 3-D media including papier-maché, recycled materials, and natural objects. Students should bring a sketchbook; all other supplies are included. M-F 1:15p-4:30p \$250

6/13-6/24 Register By: 6/3 #3820.0067 7/11-7/22 Register By: 7/1 #3820.0068

#### **ACTING FUNDAMENTALS**

Grade 6-8 (as of Aug. 2016), 10days Campers will explore both how to create characters on their feet through improvisation training as well as by working with a script in hand.

M-F 9:30a-12:45p \$250 6/20-7/1 Register By: 6/10 #3820.0069 7/11-7/22 *Register By:* 7/1 #3820.0070 *Register By:* 7/15 #3820.0071 7/25-8/5

#### THEATRE-MAKER: PIEDMONT PLAYERS JR. Grades 6-8 (as of Aug. 2016), 10days

This two weeks of intermediate level Theatre -Maker builds on the morning explorations of Acting FUNdamentals and breaks up playmaking into sections that develop skills in a variety of theatre fields spanning work on the stage and off! Topics may include playwriting, acting, singing, dancing, directing, scenic art, costuming, prop building, and other elements of production. The final class includes a shareformance with friends and family to show skills learned.

M-F 1:15p-4:30p 6/20-7/1 Register By: 6/10 #3820.0072

7/11-7/22 Register By: 7/1 #3820.0073

**Contact Us!** 

540-727-3412

www.CulpeperRecreation.com



Swimming Lesson Level Guidelines—All Swim Classes are at Culpeper Recreation Club, 13163 Recreation Road, Culpeper

- Children not toilet-trained must wear swim diapers.
- Students may need to attend several sessions of same level before progressing to the next level.
- If a student enrolls in a lesson that is too advanced for his/her skills, CCPRD staff will make every effort to accommodate the student by placing him/her in the appropriate level. However, if the appropriate level is not available during the same dates, the registration fee will be refunded or the student may register for the appropriate level offered during a later session. The student will not be allowed to participate in a level that is too advanced for his/her skills.
- The pools are not available for any usage during swim lessons.
- Ages and skills provided in the Swim Skills Progression Chart are guidelines set forth by the American Red Cross.
- 1 instructor & 1 Assistant per class; Preschool 1, 2, 3, & Level 1—max of 6 students; Level 2-3 max of 8 students,.

	LEVEL	AGE	CLASS LENGTH	Prerequisites	CLASS DESCRIPTION
	Infant/Toddler 6–18 months		30 min.	Parents must get in the water.	This is the perfect way to introduce your little one to the water. This class will teach proper supports & holds, water safety, basic skills, and will have games to encourage participation.
	Infant/Toddler II	18–36 months	30 min.	Parents must get in the water.	Building on Level I skills and adding on more advanced skills.
	Preschool I	3-5 yrs	30 min.	Must be able to leave parent willingly and follow directions.	No previous experience. This class will help your child adjust to the water. Class will teach water safety, entry, and introduce floating and breathing.
	Preschool II	3-5 yrs	30 min.	Preschool I certificate or be able to submerge face, blow bubbles, front glide and float on front & back.	This class will increase child's skills with the Back float and recovery, and introduce locomotion skills - arm & leg action on front & back.
	Preschool III	3-5 yrs	30 min	Preschool II certificate or be able to swim 3 body lengths with arm & leg action, float on front & back 5 sec. with recovery.	Your preschooler is ready, with guided help, to get those legs and arms moving at the same time to swim! - Effectively coordinate combined simultaneous and alternating arm & leg action.
	Level I	6-15 yrs	45 min	Must be able to participate in a group and follow directions.	For the individual that is fearful, doesn't swim or can just barely swim, this is your class. Class will cover water exploration and safety skills. Safe entry, floating, breathing, doggie paddle, and kicking will also be introduced.
	Level II 6-15 yrs 45 min		45 min	Level I Certificate or be able to travel 5 yards, submerge face 3 times, front glide, roll to back and float 3 sec.	For the individual that is able to swim a little bit, this class will improve your skills and confidence. Class focuses on fundamental skills: floating without support, locomotion skills including alternating arm & leg action.
	Level III	6-15 yrs	45 min	Level II Certificate or be able to swim 5 body lengths using combined arms & legs, front and back float 15 sec.	For the individual that is able to swim, this class will focus on adding to your skills. Class will cover: survival float, elementary backstroke, coordinate front crawl. Intro to scissor & dolphin kick, and fundamentals of treading.
	ADULT Level I - III	16 yrs +	45 min	Prerequisites are same as Levels I – III above	Skills & Prerequisites are same as Level I – III above. Only difference is age of the participant.

**Registration is EASY!!!** 

# Live here. Play here. CULPEPER COUNTY PARKS & RECREATION Summer Schedule

Level	Dates	Days	Time	# class	Make up day	Cost	Code	Register by
Adult - Level 1	6/4-7/2	Sat.	7:00-7:45a	5	Sun.	\$70	3622.0001	5/31
Adult - Level 1	6/6-6/17	Mon-Thur.	7:00-7:45a	8	Fri.	\$95	3622.0002	5/31
Adult - Level 1	7/18-7/22	Mon-Thur.	7:00-7:45a	4	Fri.	\$60	3622.0003	7/11
Adult - Level 1	7/18-7/22	Mon-Thur.	9:00-9:45a	4	Fri.	\$60	3622.0004	7/11
Adult - Level 1	7/25-8/5	Mon-Thur.	7:00-7:45a	8	Fri.	\$95	3622.0005	7/18
Adult - Level 2	7/18-7/22	Mon-Thur.	8:00-8:45a	4	Fri.	\$60	3622.0006	7/11
Level 1	6/20-7/1	Mon-Thur.	7:50-8:35a	8	Fri.	\$95	3622.0007	6/13
Level 1	6/4-7/2	Sat.	8:40-9:25a	5	Sun.	\$70	3622.0008	5/31
Level 1	6/6-6/17	Mon-Thur.	8:40-9:25a	8	Fri.	\$95	3622.0009	5/31
Level 1	7/11-7/22	Mon-Thur.	8:40-9:25a	8	Fri.	\$95	3622.0010	7/5
Level 1	7/23-8/27*	Sat.	8:40-9:25a	5	Sun.	\$70	3622.0011	7/18
Level 1	7/25-8/5	Mon-Thur.	9:30-10:00a	8	Fri.	\$95	3622.0012	7/18
Level 2	6/20-7/1	Mon-Thur.	7:00-7:45a	8	Fri.	\$95	3622.0013	6/13
Level 2	6/4-7/2	Sat.	7:50-8:35a	5	Sun.	\$70	3622.0014	5/31
Level 2	6/6-6/17	Mon-Thur.	7:50-8:35a	8	Fri.	\$95	3622.0015	5/31
Level 2	7/11-7/22	Mon-Thur.	7:50-8:35a	8	Fri.	\$95	3622.0016	7/5
Level 2	7/23-8/27*	Sat.	7:50-8:35a	5	Sun.	\$70	3622.0017	7/18
Level 2	7/25-8/5	Mon-Thur.	8:40-9:25a	8	Fri.	\$95	3622.0018	7/18
Level 3	7/11-7/22	Mon-Thur.	7:00-7:45a	8	Fri.	\$95	3622.0019	7/5
Level 3	7/23-8/27*	Sat.	7:00-7:45a	5	Sun.	\$70	3622.0020	7/18
Level 3	7/25-8/5	Mon-Thur.	7:50-8:35a	8	Fri.	\$95	3622.0021	7/18
Mommy & Me 1	6/4-7/2	Sat.	10:05-10:35a	5	Sun.	\$55	3622.0022	5/31
Mommy & Me 1	6/6-6/17	Mon-Thur.	10:05-10:35a	8	Fri.	\$75	3622.0023	5/31
Mommy & Me 1	7/25-8/5	Mon-Thur.	10:05-10:35a	8	Fri.	\$75	3622.0024	7/18
Mommy & Me 2	6/20-7/1	Mon-Thur.	9:50-10:20a	8	Fri.	\$75	3622.0025	6/13
Mommy & Me 2	7/23-8/27*	Sat.	10:05-10:35a	5	Sun.	\$55	3622.0026	7/18
Preschool 1	6/20-7/1	Mon-Thur.	9:15-9:45a	8	Fri.	\$75	3622.0027	6/13
Preschool 1	6/4-7/2	Sat.	9:30-10:00a	5	Sun.	\$55	3622.0028	5/31
Preschool 1	6/6-6/17	Mon-Thur.	9:30-10:00a	8	Fri.	\$75	3622.0029	5/31
Preschool 2	6/20-7/1	Mon-Thur.	8:40-9:10a	8	Fri.	\$75	3622.0030	6/13
Preschool 2	7/11-7/22	Mon-Thur.	10:05-10:35a	8	Fri.	\$95	3622.0031	7/5
Preschool 2	7/23-8/27*	Sat.	9:30-10:00a	5	Sun.	\$55	3622.0032	7/18
Preschool 3	7/11-7/22	Mon-Thur.	9:30-10:00a	8	Fri.	\$95	3622.0033	7/5

<sup>\* =</sup> no class 8/13

Different layout of same schedule (by dates instead of by level) are available online for your planning convenience.

540-727-3412

www.CulpeperRecreation.com



**Culpeper County Parks and Recreation** 

# Summer Schedule



# HELP SHAPE THE FUTURE OF CULPEPER COUNTY PARKS AND RECREATION!

As you may be aware by now, Culpeper County Parks and Recreation Department and PRO's Consulting have launched an initiative to develop a "Master Plan" with your input. The Master Plan will provide the County with direction and action steps to continue the development of a comprehensive park system and recreation programs that meet our citizen's needs. Please continue to watch the county web site www.culpeperRecreation.com and other media sources for information on upcoming public meetings. ETC Institute, an independent Kansas based firm, recently mailed surveys to randomly selected households throughout the County. If you miss any of the previously mentioned opportunities, you may refer to www.PlayCulpeper.com, a crowd sourcing platform where you can complete a survey and keep aware of the Plan's pro-



A big KUDO'S goes out to the **Town of Culpeper Public Works** for assisting the County Parks and Recreation Department with preparation for the upcoming Summer Youth Basketball program. The Public Works crew worked hard on repainting the much faded basketball lines barely visible on the court. The court lines designate where specific activities or restrictions take place during a basketball game. This is extremely important when teaching young players the game.

# Kings Dominion Discount Tickets

# GOOD ANY DAY TICKETS \$45

Valid any day of the 2016 season EXCEPT park rental days for Kings Dominion

# PARKS & RECREATION DAYS TICKETS \$40

Valid: Friday, 6/24 - Sunday, 7/31 (EXCEPT park rental days)

# TICKETS GOOD FOR ANYONE 3 & UP

Theme Park Tickets MUST BE

# **PURCHASED IN PERSON**

At 155 W. Davis St, Suite 100 Culpeper, VA 22701 Mon-Fri 8:00 am - 4:00 pm (excluding holidays) (540) 727-3412 ext 4 or 5

Purchases can be made by credit card, cash (as close to exact change as possible please) or checks payable to: Culpeper Co. Parks and Recreation

# THE FUN TIMES REC. GUIDE

Below is a listing of non-profit recreational groups based in Culpeper County. These are not operated by the Parks and Recreation Department. For questions, contact the person listed.

#### YOUTH SPORTS:

Girls on the Run

540-724-1423 www.GOTRPiedmont.org

Mustangs Track Club

www.mustangstrackclub.org

Culpeper Soccer Club -

www.CulpeperSoccer.net

Culpeper Little League -Jon Strang - 540-937-6073

Rappahannock-Culpeper Baseball -

www.rappculpbaseball.com

Culpeper Lacrosse Association Foundation -

www.CulpeperLAX.com

Team Cobra Youth Wrestling

www.Team-Cobra.com

Culpeper Football Association -Shane Miller—540-379-9962

Culpeper Football Assoc. Cheerleaders

www.CFA4Kids.com

Culpeper Youth Basketball -

Greg Ward - 540-547-9188

Culpeper Youth Rugby Club

www.cyrfc.org

Culpeper Karousel (batons)

Kim Bonner - 540-229-6819

Culpeper Blue Angels All-Star Cheer & Dance

Kym Majors - 540-727-2087

Culpeper Recreation Club Swim Team www.culpeperrecclub.com/barnstormers-

swim-team

# **SCOUTING:**

American Heritage Girls

Jennifer Smith - 540-439-5059

GIRL SCOUTS -Daisies /Brownies /Juniors/

Cadettes /Seniors/Ambassadors

http://Culpeperserviceunit.webs.com/

Cub Scouts/Boy Scouts/Venture Crews-Eagle

http://beascout.scouting.org/

Trail Life USA - Troop: VA-0213

http://tl-va-0213.troop.trooptrack.com

**Registration is EASY!!!** 

#### Summer 2016 **Culpeper Minutes** Page 25 ActiveNet Customer Now Accepted!!! Registration Form Visa Account Form MasterCard Live here. Play here. First Time Registering? Main contact must be at least 18 yrs. American Express Culpeper County **PRINT CLEARLY** Please complete the ActiveNet Customer Account PARKS & RECREATION Discover Form along with this registration form. Main Contact Client #1 One household per registration form please. Photocopies of form are acceptable. (must be adult) Name (First)\_ \_ Home Phone: (\_ Account Main Contact Name: Activity Name Fee Participant Name Birth date Date(s) Time ! Birth Date \_\_/\_\_/ Sex: □M □F Street Address:\_\_\_\_ Jane Doe 8/ 1 /1991 Sample Class 1610.0005 7/2-7/30/16 \$5.00 City/State\_\_\_\_ \$ Allergies: \_\_ \$ Home Phone ( **Culpeper County Parks and Recreation** \$ Cell Phone ( \_\_\_\_ \$ E-mail address: \$ (required for confirmations) Total (Pay this amount) **Emergency Contact** Name: \_\_ Relationship: \_ Phone: (\_\_\_\_)\_\_ videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making Client #2 (spouse / child) activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above. Assumption of Risk and Release: In agreeing to participate in the program, as an adult participant or as a ! (Last)\_\_ parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is Birth Date \_ good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activi-Sex: □ M □ F Allergies: \_ In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands Same Address as above? □Y □N of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participa-Client #3 (additional family member) tion in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, (First)\_\_\_\_ staff, volunteers and successors. (Last)\_ It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protec-Birth Date tive equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the Sex: □ M □ F criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the Allergies: \_ nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and Same Address as above? □Y □N when deemed necessary. Client #4 (additional family member) Parent / Guardian Signature (if participant 17 or younger) Participant Signature (7yrs & older) (First) (Last)\_\_\_\_ Birth Date \_\_\_\_/\_ **Customer Use - Payment Method** Sex: $\square$ M $\square$ F ☐ Cash (Walk-in only) Allergies: **Credit Card**: □Visa □Master Card □American Express □Discover Same Address as above? DY DN Number: \_\_\_\_/ \_\_\_/ \_\_\_\_ Exp. Date \_\_\_/\_\_\_ If address is different from Main

Contact Us!

540-727-3412

Phone: (540) 727-3412, Fax: (540) 727-2802

www.CulpeperRecreation.com

Website: www.CulpeperRecreation.com

I agree to pay the above total amount according to card issuer agreement

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701

Parks@CulpeperCounty.gov

Contact, or more than 4 family

members, please include an additional sheet of paper with

correct information.

#### By Phone

•Call 540-727-3412 and select either extension 4 or 5. You can

set up your ActiveNet Account and register for activities in one phone call. Payment must be made by credit card to register over the phone. ActiveNet customer accounts can also be set up via phone.



#### By Fax

•Simply complete the registration form (and "ActiveNet Customer Account Form" if not already done) and payment information (credit cards only) and fax to 540-727-2802.



**5 Easy Ways to Register!** 

# **Online**

•Go to www.CulpeperRecreation.com,

then click "To View Activities." Set up your ActiveNet customer account, and you can register from the convenience of your home or anywhere you have internet access.

•Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays). Cash /Check/ Credit Card



#### **By Mail**

•Set up your ActiveNet Account online or include the set up form on page 25 with a completed registration form and payment,

#### •Mail to 155 W. Davis Street, Suite 100, Culpeper, Virginia 22701.

•Confirmations are done via email. Otherwise, please include a self-addressed, stamped envelope, if **you require** a confirmation.

# **REGISTRATION INFORMATION**

#### **ActiveNet**

Culpeper County Parks and Recreation

- ActiveNet is the recreation software the Department has to process registrations, provide online registration, and accept credit card payments.
- To begin using this system, each household must have an account set up in order to register for any Department activities. Please complete the "ActiveNet Customer Account Form" on page 25 and fax or mail it to the Department. You can also set up your account online. This form only has to be completed once.
- Registrations cannot be processed Register By: until the "ActiveNet Customer Account Form" has been received and processed by the Department, or you have set up your account online.
- If your address, phone number, or email changes, please be sure to log in and update your ActiveNet account or call us to update your information

# Registration:

- Online registration begins on Friday, May 27, 2016.
- All other registration methods will begin on Tuesday, May 31, <u>2016.</u>
- Full payment must accompany registration in the form of credit card (Visa, Master Card, America Express, Discover), cash, check, or money order payable to Culpeper County Parks and Recreation.
- Registrations are accepted on a firstcome, first-served basis. Anyone can participate regardless of County of residence.

• The "Register By:" date is when the Department has to have the minimum number of registrations If the to offer the activity. minimum is met by this date, registrations will continue to be accepted, unless otherwise stated, until the activity is full. However, if minimum is not met by this date, the activity will not be held and participants will be refunded.

#### **Refunds:**

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class.
- If a participant withdraws from a program after the start of the second class, then a pro-rated refund, less a \$3 processing fee, will be issued.
- Refunds for one-day activities and all bus/van trips will be given in full, prior to the registration deadline. After the registration deadline, refunds less a \$3 processing fee, are only given if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip
- If original payment was by cash or check, then a refund check is mailed to the address on file and it can take up to 45 days to be received.
- If payment was made by credit card, then refund will be processed to that same credit card.

#### **Cancellation Policies:**

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early for inclement weather, natural disasters or other occurrences.
- Closing announcements will be posted on: 95.3 FM, 103.1FM, & 105.5FM, www.cancellations.com, www.Facebook.com/CulpeperRecr eation or at 540-727-3412 and select option 1.

# Adjustments

• Department staff has made every effort to prepare this section of The Culpeper Minutes as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any needed adjustments.